

Declaraion

Fill out this form at home.

We want to thank you for taking the time to fill out this form.

Please return the documents even if you check “yes” on some of the questions

It is possible that we have some follow-up questions to ask in order to register you as a donor

IMPORTANT!

If you should have any questions while filling out the form you could either contact us by phone: xxx, or e-mail: xxx

While you fill out these forms you might find some of the questions to be rather intimate. This is due to the fact that we would like to utilize all the valuable properties of the milk, ideally giving it to the sick infants without having to pasteurise it. Pasteurisation corrupts some of the active substances in the milk. However, by not pasteurising the milk, there is a risk that bacteria or viruses that would not cause harm to healthy children are given to the sick infants. In order to ensure that this will not happen we have to ask directly if you have ever been exposed to high risks of contamination in any way.

Name:.....

Social Security number:..... Telephone:.....

ALL THE INFORMATION PROVIDED ON THIS FORM
IS CONSIDERED STRICTLY CONFIDENTIAL AND TREATED ACCORDINGLY

[Check the boxes that matches]

<u>Have you ever:</u>	Yes	No
had any severe diseases or surgery?	<input type="checkbox"/>	<input type="checkbox"/>
had any serious infectious diseases?	<input type="checkbox"/>	<input type="checkbox"/>
suffered from allergies (asthma, hay fever, sensitive to medication)?	<input type="checkbox"/>	<input type="checkbox"/>
been anaemic	<input type="checkbox"/>	<input type="checkbox"/>
had to high or low blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
had epileptic seizures after puberty?	<input type="checkbox"/>	<input type="checkbox"/>
had heart or circulatory disorders?	<input type="checkbox"/>	<input type="checkbox"/>
had kidney disease?	<input type="checkbox"/>	<input type="checkbox"/>
had diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
had cancerous tumours?	<input type="checkbox"/>	<input type="checkbox"/>
had issues with growth that has been treated with growth hormones?	<input type="checkbox"/>	<input type="checkbox"/>
had any uncommon diseases?	<input type="checkbox"/>	<input type="checkbox"/>
been a prostitute?	<input type="checkbox"/>	<input type="checkbox"/>
<u>Have you within the last 2 months:</u>	Yes	No
taken any medication?	<input type="checkbox"/>	<input type="checkbox"/>
been vaccinated?	<input type="checkbox"/>	<input type="checkbox"/>

Have you within the last 12 months:

	Yes	No
had long lasting fever episodes?	<input type="checkbox"/>	<input type="checkbox"/>
lost weight unintentionally?	<input type="checkbox"/>	<input type="checkbox"/>
been outside Europe or North- America?	<input type="checkbox"/>	<input type="checkbox"/>
had a blood transfusion?	<input type="checkbox"/>	<input type="checkbox"/>
had your ears or any other place pierced?	<input type="checkbox"/>	<input type="checkbox"/>
had acupuncture or gotten a tattoo?	<input type="checkbox"/>	<input type="checkbox"/>
had intercourse with a bisexual man?	<input type="checkbox"/>	<input type="checkbox"/>
had intercourse with anyone who recently has stayed outside West Europe or North America for more than six months	<input type="checkbox"/>	<input type="checkbox"/>
had intercourse with a person who is HIV-positive?	<input type="checkbox"/>	<input type="checkbox"/>
had intercourse with an intravenous drug addict?	<input type="checkbox"/>	<input type="checkbox"/>
had intercourse with a person who has been treated for haemophilia?	<input type="checkbox"/>	<input type="checkbox"/>

Additional Information:

	Yes	No
Have you donated blood or milk?	<input type="checkbox"/>	<input type="checkbox"/>
Has Creutzfeldt-Jakob disease ever occurred in your family?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever used narcotic drugs, and/or shared syringe or cannula with others?	<input type="checkbox"/>	<input type="checkbox"/>
Have you transplanted cornea or meninges?	<input type="checkbox"/>	<input type="checkbox"/>
Has anyone in your household got contagious jaundice?	<input type="checkbox"/>	<input type="checkbox"/>
Do you think you have been exposed to AIDS infection?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel healthy?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel well underway with breastfeeding your own child?	<input type="checkbox"/>	<input type="checkbox"/>
Do you wish to have a confidential conversation with one of the responsible at the milk bank?	<input type="checkbox"/>	<input type="checkbox"/>

IMPORTANT: ABOUT THE PROCEDURES WHEN DONATING MILK

The first time you visit us here at the milk bank, you need to take a blood test. Your blood will be tested for cytomegalovirus, contagious jaundice type B and C, and HIV. Antibodies found in the blood means that you are either vaccinated, have been infected or that you are in the process of getting the disease. If your milk is to be administrated unprocessed, you will be asked to give a blood sample every three months. Every time you donate milk a sample from the milk will be analyzed to check for disease bacteria and the total bacteria count. If the numbers of bacteria is too high you will be notified, and the responsible at the milk bank can help you with the routines of pumping and possibly determine the cause for the high bacterial count. All diseases caused by virus you or close family have, or vaccination with organic vaccines must be reported to the milk bank. All use of medication in the donation period must be registered. Contact us if you have any questions.

After you have filled out the form and signed it we ask you to return it to:

xxxxx

I have answered the questions on this form truthfully. I have read the form thoroughly. I have had the option to contact the responsible at the milk bank and the answers have been satisfactory.

Date..... Signature.....